

6/8/2016					
First	Last	Gender	SWIM*	SWIM TIME	Total TIME
<b>5K Run</b>					
Kate	Schulte	F	5K	-	23:13
Jami	Reed	F	5K	-	26:34
Patrick	Johnson	M	5K	-	27:23
Bob	Midland	M	5K	-	28:15
<b>500m Swim</b>					
Cathy	Dahlgren	F	500	13:16	
Kay	Lannen	F	500	20:50	
Danny	Shearer	M	500	21:40	
<b>500m Swim &amp; 5K Run</b>					
Brett	Bycroft	M	500	5:00	24:27
Ellie	Ewer	F	500	7:25	34:15
Amy	Ullmann-Moore	F	500	9:22	46:50
Ron	Lindsay	M	500	9:50	39:40
Justine	Cleary	F	500	14:45	42:32
Kat	Peters-Midland	F	500	19:55	56:50
<b>1000m Swim</b>					
Diane	Flynn	F	1000	22:10	
Sarah	Nelson	F	1000	27:00	
William	Heustis	M	1000	30:18	
Douglas	Heustis	M	1000	38:40	
Julius	Stuart	M	1000	39:05	
<b>1000m Swim &amp; 5K Run</b>					
Adrian	Krause	F	1000	13:55	42:55
Adrian	Johnson	M	1000	14:08	36:08
Kirsten	Goffena	F	1000	14:40	43:40
Solenne	Costard	F	1000	15:08	45:55
Michael	Ewer	M	1000	15:30	40:15
Steve	Olson	M	1000	16:00	45:30
Mike	King	M	1000	16:00	50:00
Anna Marie	Strzyz	F	1000	16:00	50:45
Aimee	Oke	F	1000	16:00	56:46
Chris	Howard	M	1000	17:25	45:15
Donald	Ordinario	M	1000	19:55	56:46
<b>1500m Swim</b>					
Brandon	Wells	M	1500	16:00	
Pavel	Verbsky	M	1500	19:55	
Rebecca	Blumberg	F	1500	21:30	
John	Moore	M	1500	22:00	
Dean	Davis	M	1500	22:20	
Barry	Lyon	M	1500	22:45	
Angela	Wideman-Powell	F	1500	23:00	
Louise	Coulter	F	1500	26:35	
Doug	Whitman	M	1500	28:35	
Ayla	Kuchta	F	1500	35:20	
<b>1500m Swim &amp; 5K Run</b>					
Nancy	McElwain	F	1500	13:18	48:20
Justin	Freyermuth	M	1500	16:00	39:00
Jonathan	Mason	M	1500	16:50	36:57
Heather	Christiansen	F	1500	18:26	46:30
Greg	Weddle	M	1500	18:35	47:10
Jennifer	Higgins	F	1500	19:45	45:10
Valerie	Smalley	F	1500	19:55	65:10
Heather	Selbert	F	1500	21:40	65:10
Mindy	Rice	F	1500	23:12	57:20
Michael	Dunn	M	1500	23:30	43:00
<b>2000m Swim</b>					
Mary	DeLong	F	2000	24:35	
Tawnya	Snyder	F	2000	35:45	
<b>2000m Swim &amp; 5K Run</b>					
Todd	Mellinger	M	2000	16:50	48:50
Vincent	Panissidi	M	2000	24:20	52:50
<b>2500m Swim</b>					
Josh	Terwoord	M	2500	26:25	
<b>3000m Swim</b>					
Guy	Kelley	M	3000	25:00	
Amy	Fromme	F	3000	28:35	
Steve	Mantell	M	3000	28:35	
Jared	Wright	M	3000	28:35	
Dan	Frost	M	3000	32:30	
Stephanie	Bruggink	F	3000	37:30	
Christine	Discoe	F	3000	42:05	

\*Swim course was short this week. Length was approximately 350m a lap.